



# CONNECTIONS

Classes, Groups and Programming for Everyone

Spring 2023

## A Note from the Pastor

---

Hello, PUMC!

There is so much happening at our church. This Connections Catalog shares many ways you can connect with others and grow in your faith. We never stop learning, we never stop serving, and we never stop connecting.

Here you will discover small groups for families, youth, and adults. Some of these are familiar and on-going, some may be new to you. Check out what interests you, what might be at a time and place that works for your schedule. Know that these are great ways to connect with friends, but new and familiar.

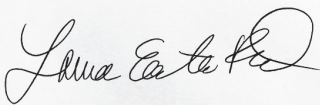
One thing I believe is that we grow when we are in community with others. Following Jesus is not easy. We have questions. We may not know what steps to take. Or we need someone to help us as a supporter, an encourager, and an accountability partner. And we must do the same for someone else. May one of these small groups, one of these classes, one of these mission opportunities, or even a new group, be a way to spark your faith and your connections with others.

We also look forward to our various worship services. We began our Spark! 10:30 service this past September that has been an awesome new expression of worship that is intentionally multi-generational, and focuses on music, stories and movement. We look forward to an amazing Palm Sunday, Holy Week, and Easter services. Keep up to date with our church-wide emails and check our website, [www.parkerumc.org](http://www.parkerumc.org).

Remember that our 9 am continues to be offered livestream for those times when you need to stay home, you are traveling, or life just gets in the way. Worship is one important way to stay connected to Christ and to one another.

If you have any questions, if you are feeling a nudge to begin a new small group or class, or if you wonder how you can grow in your faith, please contact us. Your staff and church leaders are available to help you in any way we can.

See you at church!



Pastor Laura

**Welcoming All to Discover and Share the Joy of Jesus' Love**

**Parker UMC**  
**Leadership Board**

Sr. Minister, Rev. Laura Easter Rainwater  
Kim Bimestefer, Co-Chair  
Lacye Cahill, Co-Vice-Chair  
Susan Gustin  
David Haukeness, Co-Vice-Chair  
Jack Kear  
Julie Kronbach, Lay Leader  
Rick Kucera  
Rev. Doug McKinney  
Dan O'Neill, Co-Chair  
Tricia Woods, Little Blessings Preschool Director  
Ron Wyckoff  
Elizabeth Stanley  
Eric Ross  
Steve Brase

**Index**

**5 ..... CHILDRENS MINISTRY**

**6 ..... YOUTH MINISTRY**

**7 ..... FINE ARTS MINISTRY**

**9 ..... FOR EVERYONE**

**12..... FOR CHILDREN AND FAMILIES**

**15..... FOR YOUTH**

**16..... FOR WOMEN**

**18..... FOR MEN**

**18..... MISSIONS & VOLUNTEERING**

**20... COMMUNITY SUPPORT GROUPS**

# Get the Whole Scoop The Midweek Message Weekly Email

Keep up with the latest events, worship opportunities, special programs, and ideas on how to give and serve.

**Email [Sarah@ParkerUMC.org](mailto:Sarah@ParkerUMC.org) to sign up today!**



Note: Childcare is provided for most of our groups and events. Please check with the church office to confirm. This helps us provide the appropriate number of childcare staff. This catalog reflects the current offerings. Please check your Midweek Message and the slides and screens on Sundays for updates and upcoming classes not included in this catalog.



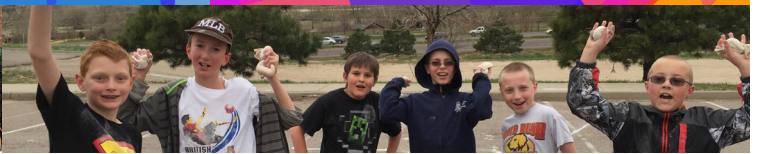
# WE ARE THE CHURCH!

Gathering together for teaching, music, worship, prayer and fellowship



# Children's MINISTRY

A P L A C E F O R F A M I L I E S



## We Are Happy to Offer

- Outstanding programming for children through elementary
- Opportunities for children and adults to grow in their faith
- Sunday School classes that appreciate varied learning styles
- Many ways for parents and children to get involved
- Preteen group, helps older elementary kids grow spiritually in a fun atmosphere

## Nursery and Childcare

- Recognizing the importance of high quality childcare, our church offers care during our 9 and 10:30 am services and most church activities and Bible Studies\*

## Special Events

- **VBS** We will be offering a wonderful Vacation Bible School June 26-29 where children ages 4 years old through 5th grade can come and grow in their faith through music, games, crafts, storytelling and more!
- **Journey with Jesus** – Looking for an event that isn't just about the Easter Eggs? Come join us April 2nd @ 11:30 as we Journey with Jesus in a fun family friendly Easter Event.
- **3rd Grade Bibles** – Every year we love to give the gift of God's word to children. Classes are offered to help kids learn how to navigate the Bible.
- **Trunk or Treat** – Oct. 22 from 2-3pm - Trunk-or-Treat brings trick-or-treating to the parking lot! You can even be part of the fun, decorate your car and pass candy out to the kids, or simply show up and have fun!
- **Visit Santa!** – December 3rd @ 11:30 a.m. – Come visit Santa and take a few pictures! Be sure to bring your letter to Santa, we have an official North Pole Mailbox!

**Questions?** Contact Noelle Allison, Director of Children and Families  
noelle@parkerumc.org





## Senior High Sunday School

All senior high students meet in room 144 downstairs at 9am Sunday mornings.

## Youth Group Activities

Middle School: 3:00-4:30 | High School: 4:00-6:00

Our afternoon consists of a lesson where students are encouraged to grow in their relationships with Christ and also fun and games.

## Get Connected

To Receive the Youth Emails please email [annemarie@parkerumc.org](mailto:annemarie@parkerumc.org) or contact the church office.

## Remind 101 for Youth & Parents

Stay up to date with times and events simply by subscribing to a FREE messaging tool used by many teachers and leaders.

### High School

For texts text to: 81010 in the message area type: @a43hd. For emails: send an email to [a43hd@mail.remind.com](mailto:a43hd@mail.remind.com)

### Middle School

For texts text to: 81010 in the message area type: @dcf74 For emails: send an email to [dcf74@mail.remind.com](mailto:dcf74@mail.remind.com)

## Fall/Winter Retreat

Every year we offer a weekend retreat for both the junior and senior high youth.

## Mission Trips

This June, 15 of our youth are going to Little Rock, AR to serve the people of their community that are in need of support.

## Winter Lock-In

All youth 6th-12th grade are invited to spend the night at church on Sunday Feb. 19th for games, food, friends, and fun.

## Confirmation Sunday

Our Confirmation students have worked hard this last year exploring and learning more about their faith. Join us in celebrating them on March 26th for Confirmation Sunday.

## Questions?

Anne Marie Webb: 573-953-1641 • [AnneMarie@parkerumc.org](mailto:AnneMarie@parkerumc.org)



The Music Ministry at Parker United Methodist Church strives to not only provide meaningful musical worship experiences for the members of the congregation, but also for all those that participate in the making of the music!

Everyone is welcome to come and participate in this energizing ministry. We invite you to come and experience wonderful fellowship, meaningful music, and the opportunity to share your gifts with our awesome God!!

## Choral - Parker UMC Choir

We sing at the 9:00 a.m. worship service. Rehearsals are Wednesday evenings from 7:00 – 8:00 p.m. We welcome new singers at every experience level throughout the year. Contact Paul Ijames

## Cambiata

This group has a largely contemporary musical tone, filled with praise and joy. We rehearse from 6:00 – 7:00 p.m. Wednesday evenings, and sing one Sunday each month. If you need a little more musical fun, we're always happy to welcome you into our circle. Contact Paul Ijames.

## Hand Bell Ringers

Are you a ringer? Have you always wanted to be a ringer? Either way, you're invited to be a part of the wonderful world of handbells. We play a variety of five octave musical pieces monthly at Parker UMC. We'd love to ring alongside you! Contact Jon Bray.

## Solo & Instrumental Opportunities

There are many opportunities to minister to the Parker UMC congregation as a soloist during worship services. If you feel comfortable with your art, we can find a place for you to "sing or play the Spirit". Contact Kurt Bokenkamp.

**Paul Ijames, Director of Music** [Paul@parkumc.org](mailto:Paul@parkumc.org)

**Kurt Bokenkamp Fine Arts Coordinator** [kurtb@parkerumc.org](mailto:kurtb@parkerumc.org)

**Jon Bray Handbell Choir Director** [Jon@parkerumc.org](mailto:Jon@parkerumc.org)

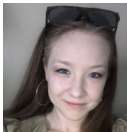
# Parker UMC Staff Team



**LAURA RAINWATER**  
Senior Pastor  
E: [laura@parkerumc.org](mailto:laura@parkerumc.org)  
O: 720-204-4430



**CODY ANDERSON**  
Associate Pastor  
E: [cody@parkerumc.org](mailto:cody@parkerumc.org)  
O: 720-204-4426



**ANNE MARIE WEBB**  
Director of  
Student Ministries  
E: [annemarie@parkerumc.org](mailto:annemarie@parkerumc.org)  
O: 720-204-4424



**NOELLE ALLISON**  
Director of  
Children & Families  
E: [noelle@parkerumc.org](mailto:noelle@parkerumc.org)  
Phone: 303-841-3979



**SARAH BLANKMAN**  
Director of Finance  
and Administration  
E: [sarah@parkerumc.org](mailto:sarah@parkerumc.org)  
O: 720-204-4428



**JASON ANDERSON**  
Director of Media  
E: [jason@parkerumc.org](mailto:jason@parkerumc.org)  
O: 720-204-4427



**KURT BOKENKAMP**  
Fine Arts Coordinator and  
Director of Audio Systems  
E: [kurtb@parkerumc.org](mailto:kurtb@parkerumc.org)



**PAUL IJAMES**  
Director of Music and Pianist  
E: [paul@parkerumc.org](mailto:paul@parkerumc.org)



**JON BRAY**  
Handbell Choir Director  
E: [jon@parkerumc.org](mailto:jon@parkerumc.org)



**TRICIA WOODS**  
Little Blessings  
Preschool Director  
E: [tricia@parkerumc.org](mailto:tricia@parkerumc.org)  
O: 720-204-4420



**EMILY SHAFFER**  
Little Blessings  
Co-Director  
E: [emily@parkerumc.org](mailto:emily@parkerumc.org)  
O: 303-840-6196

## Are You Caring for Someone with Memory Loss?

### Friends Together

A faith based support group for persons  
who have a loved one with memory loss

#### You are not alone

Caring for someone with memory issues can be difficult. You don't need to go through this alone. We are here to support each other on the journey.

#### Meeting locations

Parker United Methodist Church  
First and third Fridays at 10 am

Our Lady of Loreto Church  
First Wednesday at 6:30 pm  
Third Wednesday at 1 pm

#### More information?

Call the church office 303-841-3979

8



# FOR EVERYONE

## New Member Class

---

Springboard is a course designed to serve in the following ways:

- New member class for those exploring membership at Parker UMC
- Introduction for those exploring the Christian faith for the first time
- Refresher course for long-time believers who want a better understanding of the foundations of the faith and origins of the UMC

Classes are held once a quarter on Sundays following the second service. Each class lasts 90 minutes. A light lunch is included.

### **2022 Spring CLASS: March 26**

The sessions include lunch and introductions to our pastors, UMC & PUMC history; Wesley's understanding of God's grace & the means of grace; discipleship; prayers, presence, gifts, service & witness, and an introduction to Worship PLUS as a way to get involved in servant ministry. Contact the church office at 303-841-3979 or email Pastor Cody for more information or to sign up for the next group.

Leaders: Rev. Laura Rainwater and Pastor Cody Anderson

## At The Table, Join Us for a Meal and Conversation!

---

At The Table, we will join together to share a meal, share stories and reflections about life, to celebrate with one another, to create friendships, and to do a mission project together. All are invited, from the youngest to the oldest and everywhere in-between! We gather the 2nd Wednesday of each month, from 5:30-7:00 p.m. RSVP is preferred (so we know how much food to provide) by emailing [cody@parker-umc.org](mailto:cody@parker-umc.org). You can also email Pastor Cody if you'd like more information.

## Perspectives

---

Sunday mornings, 10:30 a.m. in room 144

This is a wonderful Sunday School class that allows for space to ask questions and to dig deeper into the scriptures. There is rotating leadership in this group which offers different perspectives in teaching.

Leaders: Susan Gustin [sjgustin@comcast.net](mailto:sjgustin@comcast.net) and Vicky Brase [vkbrase@yahoo.com](mailto:vkbrase@yahoo.com)

## Open Circle

---

Sunday mornings, 10:30 a.m. in room 138

The Open Circle Sunday School class has started a new study. We are using Adam Hamilton's "Forgive-

ness: Finding Peace Through Letting Go”. All are welcome to join this class. Study books are available in our church library.

Leaders: Betty Olson; 720-416-7240 and Marie LaBudde; 303-748-6962, labuddemarie@yahoo.com

## Foundations

---

Sunday mornings, 10:30 a.m. in room 137

Foundations is a Bible Study that is open to all! Our class is focused on using scriptures as our cornerstone in studies that help us dive deeper in God’s will, way, and word in our everyday lives. We usually rely on video guided studies and no homework is required!

Leader: Andrew Reynolds arhere13@gmail.com

## The Lord’s Prayer

---

Sunday mornings, February 26 - April 2, 10:30 a.m. in the Youth Room (144)

A Lenten Study on the Lord’s Prayer will meet and use the book, *The Meaning and Power of the Prayer Jesus Taught* by Rev. Adam Hamilton. Contact Lynette McKinney or contact Vicky Brase to register for the class. Please let them know if you wish them to order you a book for \$13.99.

## Lenten Study: Honest Questions for Deeper Faith

---

Sunday afternoons, beginning February 26, 4:00 - 5:30 p.m. in room 137

This group will be led by Pastor Cody Anderson. Childcare is available. To sign up, email Pastor Cody.

## Lenten Study: Seeking Through Art

---

This group will be led by various artists and meet on Friday mornings, 10:00 am - 12:00 pm, beginning February 24. This class will help you explore your questions and faith through several artistic forms, such as poetry, drawing, painting and journaling. For questions or to sign up, email Pastor Cody.

## Students of the Word

---

Tuesdays, 10:00 a.m. – 12:00 p.m. online AND in room 138

Join our small group for various Bible studies. We meet Tuesdays from 10:00am to noon via Zoom, so you don’t even have to leave your house. We will be using books from the Interpretation Series of Bible Studies. To sign up for this class, please contact Nancy Smith.

Leader: Nancy Smith; nancys70@comcast.net

## Contemporary Christian Book Group

---

The Contemporary Christian Book Group meets the first Wednesday evening of the month (excluding January and July) in room 216. We read a variety of books: fiction and non-fiction, explicitly Christian and not. You are welcome to join us, even if it's just to take part in the discussion of one particular book that interests you! For more information, contact Susan Gustin [sjgustin@comcast.net](mailto:sjgustin@comcast.net)

Leader: Susan Gustin: [sjgustin@comcast.net](mailto:sjgustin@comcast.net)

## The Lord's Prayer

---

Wednesdays Starting October 19th from 10:30-11:30 in room 138

Most Christians know the Lord's Prayer by heart. We pray it often, at different times and in different settings. We remember it as the prayer that Jesus taught his disciples. But do we really understand and appreciate the meaning and power of its words, what we ask of God each time we pray it? This class will discuss Rev. Adam Hamilton's book, *The Lord's Prayer* and reflect on the power of prayer in our own lives.

Leader: Vicky Brase [vkbrase@yahoo.com](mailto:vkbrase@yahoo.com)

## Eden Gardeners

---

Times Vary. We meet at PUMC and other locations

Dates: Varies | Frequency: Varies

Eden Gardeners is a group of people who are interested in any aspect of plant care or landscaping. Meetings usually include a class with demonstrations or slide shows, either at PUMC or other locations. Our speakers have been encouraging, knowledgeable, and enthusiastic! Some members volunteer to care for the church plants. Join in any time you find a subject that interests you, and enjoy the camaraderie, inspiration, and shared ideas of fellow gardeners! Watch the weekly Midweek Message email for meeting dates, or email Diana to have your name added to the group email list.

Contact Diana Hill: [colohills@msn.com](mailto:colohills@msn.com) or call 303-841-4559

## Stephen Ministry

---

Are you going through a tough time? Would you be open to considering a Stephen Minister to help you through this difficult time?

Stephen Ministry is a one-on-one ministry in which trained Stephen Ministers spend about an hour each week with people who are dealing with life's challenges. Sometimes these relationships can go on for a month or two; sometimes much longer. The main role of a Stephen Minister is to listen, pray, and provide encouragement. Stephen Ministers aren't counselors and don't try to "fix" things. They help by just being present and listening. Female Stephen Ministers are paired with women; male Stephen Ministers are paired with men. And everything that is shared with a Stephen Minister is confidential. Nothing is shared

with church staff or anyone else—not even the fact that a specific person has a Stephen Minister.

If this is something you might be willing to consider, contact the church office and someone will put you in touch with a Stephen Minister. Stephen Ministry at Parker UMC is alive and here to help!

Leader: Susan Bucher [ibsusan@centurylink.net](mailto:ibsusan@centurylink.net)

---

## Friends Together

First and third Fridays from 10 a.m. – 12:00 p.m. in room 216;

“Friends Together” is a faith-based support group for persons who have a loved one with memory loss. We are open to the entire community and all are welcome, no matter where they are on their journey. We can help with resources and support. For more information, contact Marian Gore.

Leader: Sue Evans ([sevens365@gmail.com](mailto:sevens365@gmail.com))

We are happy to provide space for these groups to meet.

---

## Double W's (Widows and Widowers Group)

This is a group for people who have lost their spouse and are looking for support and connection. For more information, reach out to Ronne Handel

Leaders: Ronne Handel [shirleyeva24@gmail.com](mailto:shirleyeva24@gmail.com) 303-690-7274

---

## Dinner Groups

Dinner Groups are up, running and ready to connect you with others and get to know one another. There are several options, including In-Home Dinner Groups, Restaurant Dinner Groups and Daytime Dinner Groups. To sign up, contact the church office or email [Cody@parkerumc.org](mailto:Cody@parkerumc.org)

---

## FOR CHILDREN & FAMILIES

---

### Nursery and Childcare

Recognizing the importance of high-quality care, our church offers nursery during our 9 a.m. and 10:30 a.m. services and most church activities and Bible studies\*

---

### 3rd Grade Bibles

Every year we love to give the gift of God's word to children. Classes are offered to help kids learn how to navigate the Bible. This year, we will be offering 3rd grade bibles on October 9th. To make sure your 3rd grader receives a bible, please email [Noelle@parkerumc.org](mailto:Noelle@parkerumc.org)





# Lent Classes and Worship

## Join Classes Any Time

### **Simple Supper and 3 Simple Rules Study**

Wednesdays, March 15, 22, 29, 5:30 and 6:00 p.m. led by Rev. Doug McKinney

### **Honest Questions for Deeper Faith**

Sunday afternoons, 4:00 - 5:30 p.m. in room 137 led by Pastor Cody

### **Lenten Study: Seeking Through Art**

This group will be led by various artists and meet on Friday mornings, 10:00 am - 12:00 pm.

### **The Lord's Prayer**

Sunday mornings, February 26 - April 2, 10:30 a.m. in the Youth Room (144) led by Lynette McKinney

## Worship in Person and Live Streamed

### **Palm Sunday, April 2**

One service at 10 a.m. in the sanctuary

### **Maundy Thursday, April 9**

One service at 7 p.m. in the sanctuary

### **Good Friday, April 10**

One service at 7 p.m. in the sanctuary

### **Easter Worship**

Saturday service, 5 p.m. in the sanctuary

Sunday services, 9 & 10:30 a.m. in the sanctuary



It all happens...

# AT THE TABLE

Dinner, conversation, community



The 2nd Wednesday of every month from 5:30-7 p.m.

## Preteen Ministry Group

---

Do you have a child or know a child in 4th or 5th grade that needs a place to have fun and connect with kids their age while learning about God's great big love? Preteen group is back! We meet once a month at the church for an energetic and interactive lesson. We laugh, play and sometimes get messy. We are meeting the first Sunday of the month at 3pm.

Volunteers are needed to support this ministry. Please let Noelle know if you can have fun with this awesome group of kids for one hour a month. For more information contact Noelle, [noelle@parkerumc.org](mailto:noelle@parkerumc.org)

## Trunk or Treat

---

Come be part of this fun Halloween Event! Trunk-or-Treat brings trick-or-treating to the parking lot! You can even be part of the fun, decorate your car and pass candy out to the kids, or simply show up and have fun! This year's date is October 22 from 2-3pm

## Visit Santa!

---

Come visit Santa and take a few pictures! Be sure to bring your letter to Santa, we have an official North Pole Mailbox! Santa is scheduled to come visit us on Saturday, December 3rd @ 11:30 a.m.

Questions? Contact Noelle Allison, Director of Children and Families [noelle@parkerumc.org](mailto:noelle@parkerumc.org)

## FOR YOUTH

### Get Connected

---

To receive the Youth emails please email [AnneMarie@parkerumc.org](mailto:AnneMarie@parkerumc.org) or contact the church office. You'll hear about cool events and opportunities first!

### Senior High Sunday School

---

Senior High Youth (ages 9th-12th) will meet in the youth room, room 144 at 9 a.m. Sunday mornings for conversation and Bible study. This is open to all senior high youth and will meet every Sunday.

### Confirmation Classes

---

Our Confirmation students have worked hard this last year exploring and learning more about their faith. Join us in celebrating them on March 26th for Confirmation Sunday.

### Youth Group Activities

---

Middle School: 3:00 – 4:30 p.m.; High School: 4:00 – 6:00 p.m. Our afternoon consists of a lesson where students are encouraged to grow in their relationships with Christ and also fun and games to connect with each other.

## Remind 101 for Youth & Parents

---

Stay up to date with times and events simply by subscribing to a FREE messaging tool used by many teachers and leaders. To sign up, email [AnneMarie@parkerumc.org](mailto:AnneMarie@parkerumc.org)

## Mission Trips

---

Every summer a week-long mission trip experience is offered for our youth. They also participate in local missions throughout the year.

This June, 15 of our youth are going to Little Rock, AR to serve the people of their community that are in need of support.

## FOR WOMEN

### Open Hearts, Open Minds Women's Bible Study

---

Every 2nd and 4th Thursdays from 1:00 – 2:30 p.m. in room 137

Frequency: Weekly

Join this group of women who meet to study and discover new understandings of Christian living. Look for details about the current study in the Midweek Message or reach out for information.

Contact Diana Hill: [colohills@msn.com](mailto:colohills@msn.com) or call 303-841-4559

### Mom's Group

---

Wednesdays, 9:30 – 11:00 a.m.; childcare provided

Mom's Group is a study for mothers of young children. This is a welcoming group for mothers who are looking for connection, support and growing deeper in their faith.

Leaders: Cody Anderson; [cody@parkerumc.org](mailto:cody@parkerumc.org) and Noelle Allison; [noelle@parkerumc.org](mailto:noelle@parkerumc.org)

### United Women in Faith

---

Typically, the team meets the 2nd Tuesday of the month at 6:30 p.m. via Zoom

Our purpose is to know God, to experience freedom as whole persons through Jesus Christ, to develop a creative, supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church.

Parker UWF typically holds four quarterly special events on Saturdays or Sundays throughout the year. The UWF leadership team meetings are open to everyone and we're currently inviting women to join our Team! It is a great opportunity to share and grow your leadership skills while focusing on our vision of turning faith, hope and love into action on behalf of women, children, and youth around the world.



Contact: Marsha Weber (303) 658-0468 for more info.

Within UWF we have several circle groups which meet monthly or weekly. The focus of each circle is different, but each one seeks to be involved in a mission of their choosing. Every circle is open for new members.

## **Sarah's Circle**

---

Sarah meets on the third Tuesday of every month at 10:00 a.m. in PUMC. Focus is reading the books from a published list by UWF. They support La Puente and supply items for school bags.

Contact: Dottie Rasmussen, 303-840-9430.

## **Telephone Calling**

---

Telephone Calling reaches out to older members of PUMC on a monthly basis. They share a scripture message and a listening ear.

Contact: Cathy Higgins, 720-484-5675

## **Neighbor to Neighbor**

---

Neighbor to Neighbor meets the second Monday of every month, 9:30 – 11:30 a.m. at Lincoln Meadows. Focus is prayer and connection with one another. Mission is Youth into the World.

Contact: Ruth Wills, 303-693-7365

## **Clicking Needles**

---

Clicking Needles meets at PUMC every week on Wednesdays from 1:00 – 3:00 p.m. Focus is knitting and crocheting. Mission is making squares for the Pine Ridge Lakota Native American women to create quilts for their people.

Contact: Ruth Wills, 303-693-7365

## **Knit One/Pray Two: Prayer Shawl Ministry**

---

Tuesdays, 1:00 - 2:30 p.m.

Calling all knitters and crocheters! Our prayer shawl ministry will resume weekly meetings on Mondays and we would love for you to join us. Please join us for fellowship, handiwork and praying blessing on those who will receive the shawls. Want to learn how to knit or crochet? We will help you learn.

Contact Julie Kronbach, [jkronbach@comcast.net](mailto:jkronbach@comcast.net)

## FOR MEN

### United Methodist Men (UMM)

---

The men's group here at Parker UMC meets at 8 a.m. at the church on the second Saturday of each month (when COVID allows). A small team prepares breakfast and we gather for food, fellowship, a devotion, and a little bit of business with a program of interest. This Saturday morning group is open to men of all ages.

Leader: Jack Kear (jacjacash@msn.com)

### Wednesday Men's Study Group

---

Wednesdays at 8:30 – 9:45 am in Room 138

Dates: Ongoing | Frequency: Weekly

Meet with other men for breakfast, Bible study and discussion on a range of topics. This group has rotating leadership. New members are welcome.

Leader: Ben Dieken (952) 221-8568 or email My1965dodge@gmail.com

### Faith Walking: A Gathering For Men Around Their 40's

---

Thursdays, 6:00 – 7:00 a.m. at Fika Coffee on Main Street

Faith Walking is an opportunity for men around 40, give or take a decade, to gather and grow their faith and love for God through fellowship, small group Bible study, fellowship activities, and service activities. The foundation of the group happens each Thursday morning where we journey together through a Bible study in association with a light breakfast and coffee. Periodically the group will also help give back by doing acts of service at the Church and in the community. Leaders : Ryan Woods; rwoods005@me.com 303-725-6766 or Kurt Pritts; kurt.pritts@gmail.com 720-544-3335

## MISSION & VOLUNTEER OPPORTUNITIES

### Parker Task Force & Food Bank

---

The Parker Task Force is dedicated to providing individuals and families in our community with food, limited financial assistance and other support services to help them become self-sufficient. Donations of non-perishable food items to support the PTF food bank can be left in the collection boxes at the PTF table in the Narthex.

Contact: cody@parkerumc.org or 720-204-4426.

## **Caring Ministry**

---

The members of our congregation have wide-ranging needs that can be met by the members of our congregation. This Ministry is being launched to address a number of needs. There are so many opportunities. Examples include: prayer, visitation, providing meals, sending cards, making phone calls, connecting people with support groups, and sharing resources for employment, child care, and counseling. Would you like to join this Caring Ministry and contribute your time and talents to meeting the needs of our congregation?

Contact Associate Pastor, Cody Anderson [cody@parkerumc.org](mailto:cody@parkerumc.org) or call 303-841-3979.

## **Feed My Starving Children (FMSC)**

---

Parker MobilePack: Dates: October 21 and 22

Feed My Starving Children MobilePack™ events allow people across the United States to pack life-giving meals. PUMC has hosted an annual MobilePack® since 2014 bringing together more than 900 volunteers to pack almost 200,000 meals at our most recent event. This event welcomes broad participation from the community and provides opportunities to get involved throughout the year.

Contact Julie Kronbach: [jkronbach@comcast.net](mailto:jkronbach@comcast.net)

## **Memorial Service Set Up and Clean Up**

---

When things happen in life, we need help. It takes a village. Would you be able to help a few times a year setting up tables or putting out food for our memorial services? Our team needs more names on our volunteer list (men and women). Contact Judy Stephens at [stphju3@gmail.com](mailto:stphju3@gmail.com) or (303) 478-3558

## **Audio and Video Technicians Volunteers Needed**

---

We are always looking for volunteers on our amazing tech team. Audio systems, camera operation, media, video and slides on Sunday mornings are an essential part of our services. We provide all of the training you need and you can sign up for once a month or more, depending on your availability. Please email [Jason@ParkerUMC.org](mailto:Jason@ParkerUMC.org) or talk with Kurt Bokenkamp before or after services on Sunday.

# COMMUNITY SUPPORT GROUPS

## Alcoholics Anonymous (AA)

---

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

- Womens Group Tuesdays 6:30 p.m. in room 144
- Tuesdays 8:00 p.m. in room 144

## Al-Anon

---

Tuesdays at 8:00 p.m. in room 124 | Dates: Ongoing | Frequency: Weekly

- Al-Anon's Purpose is to help friends and families of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Our focus is on ourselves, not the alcoholic. The only requirement for membership is that there be a problem of alcoholism with a friend or relative.

## Narcotics Anonymous (NA)

---

Mondays at 7:30 p.m.; Thursdays at 7:30 p.m.; Fridays at 7:30 p.m. in room 144

Dates: Ongoing | Frequency: Weekly

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

## TOPS (Take Off Pounds Sensibly)

---

Thursdays 10:30 a.m.– Noon in room 144 | Dates: Ongoing | Frequency: Weekly

TOPS is an international organization dedicated to sensible weight loss. Men, women and teens from our church and community are invited to join us and learn to make healthier food choices. We give and receive lots of support as we progress toward our goals. Visit a “free” meeting and find our costs are reasonable — national dues \$49 annually. Come at 10:30 a.m. for weigh-in followed by a meeting from 11 a.m. – Noon.





Camps and supplemental child care are available for families during school breaks.



Little Blessings  
**Preschool & Kindergarten**

**Faith Based Preschool and Kindergarten for children ages 18 months to 6 years old.**

11805 S Pine Dr. Parker, Colorado  
Tricia Woods, Director  
email: [tricia@parkerumc.org](mailto:tricia@parkerumc.org) or call 720-204-4420

Learn more about our program at [www.littleblessingsparker.org](http://www.littleblessingsparker.org)



**NEW  
NEW  
NEW**

**MEMBER CLASS**

**JOIN NOW**

**NEXT CLASS  
SUNDAY, MARCH 26  
at 11:45**

- New member class for those exploring membership at Parker UMC
- Introduction for those exploring the Christian faith for the first time
- Refresher for UMC members who want to better understand the foundations of faith and origins of the UMC

**THIS CLASS IS  
FOR YOU!**

Lunch is provided and childcare is provided upon request

Email [Cody@parkerumc.org](mailto:Cody@parkerumc.org) or call the church office to sign up



We're looking  
for volunteers  
just like **you**

Visit [parkerumc.org/volunteer](https://parkerumc.org/volunteer)

You have so much to give: Your time, your talents, and your gifts.





**The App**  
Search Parker UMC



**Facebook**  
Parker UMC



**YouTube**  
Parker UMC



**Instagram**  
Parker UMC

[www.parkerumc.org](http://www.parkerumc.org) • 303.841.3979 • 11805 S Pine Dr - Parker, CO 80134