



# CONNECTIONS

Classes, Groups and Programming for Everyone

Parker United Methodist Church  
Fall 2022-Spring 2023

## A Note from the Pastor

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Hello, PUMC!

There is so much happening at our church. This Connections Catalog shares many ways you can connect with others and grow in your faith. We never stop learning, we never stop serving, and we never stop connecting.

Here you will discover small groups for families, youth, and adults. Some of these are familiar and on-going, some may be new to you. Check out what interests you, what might be at a time and place that works for your schedule. Know that these are great ways to connect with friends, but new and familiar.

One thing I believe is that we grow when we are in community with others. Following Jesus is not easy. We have questions. We may not know what steps to take. Or we need someone to help us as a supporter, an encourager, and an accountability partner. And we must do the same for someone else. May one of these small groups, one of these classes, one of these mission opportunities, or even a new group, be a way to spark your faith and your connections with others.

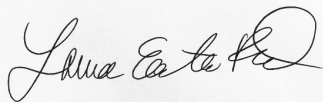
We also look forward to our various worship services. This Fall we will discover Joy in Philippians, celebrate our Favorite Faith experiences, learn how we Plant and invest in our faith in our stewardship series, and then we will celebrate What Can't Wait in Advent. We will share more information about these throughout the season.

We are especially excited for our new worship service, Spark! It will be at 10:30 am each Sunday in the sanctuary. If you are looking for a new expression of worship that is intentionally multi-generational, and focuses on music, stories and movement, check it out beginning September 11.

With our Fall worship series and this new service, I hope you can attend worship regularly. Our 9 am will continue to be offered livestream for those times when you need to stay home, you are traveling, or life just gets in the way. Worship is one important way to stay connected to Christ and to one another.

If you have any questions, if you are feeling a nudge to begin a new small group or class, or if you wonder how you can grow in your faith, please contact us. Your staff and church leaders are available to help you in any way we can.

See you this Fall at PUMC!

A handwritten signature in black ink, appearing to read "Laura East", written over a light gray rectangular background.

Pastor Laura

**Welcoming All to Discover and Share the Joy of Jesus' Love**

**Parker UMC**  
**Leadership Board**

Sr. Minister, Rev. Laura Easter Rainwater  
Kim Bimestefer, Co-Chair  
Lacye Cahill, Co-Vice-Chair  
Susan Gustin  
David Haukeness, Co-Vice-Chair  
Keith Johnson  
Jack Kear  
Julie Kronbach, Lay Leader  
Rick Kucera  
Rev. Doug McKinney  
Dan O’Neill, Co-Chair  
Kelly Pritts, Recording Secretary  
Jim Schafer  
Tricia Woods, Little Blessings Preschool Director  
Ron Wyckoff

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# Get the Whole Scoop The Midweek Message Weekly Email

Keep up with the latest events, worship opportunities, special programs, and ideas on how to give and serve.

**Email [Sarah@ParkerUMC.org](mailto:Sarah@ParkerUMC.org) to sign up today!**



Note: Childcare is provided for most of our groups and events. Please check with the church office to confirm. This helps us provide the appropriate number of childcare staff. This catalog reflects the current offerings. Please check your Midweek Message and the slides and screens on Sundays for updates and upcoming classes not included in this catalog.

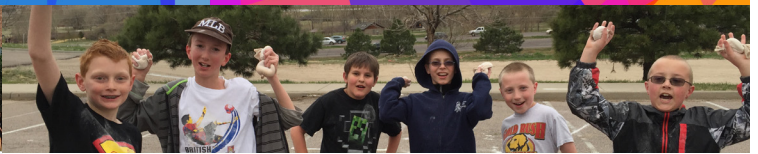


# WE ARE THE CHURCH!

Gathering together for teaching, music, worship, prayer and fellowship

# Children's MINISTRY

A P L A C E F O R F A M I L I E S



## We Are Happy to Offer

- Outstanding programming for children through elementary
- Opportunities for children and adults to grow in their faith
- Sunday School classes that appreciate varied learning styles
- Many ways for parents and children to get involved
- Preteen group, helps older elementary kids grow spiritually in a fun atmosphere

## Nursery and Childcare

- Recognizing the importance of high quality childcare, our church offers care during our 9 and 10:30 am services and most church activities and Bible Studies\*

## Special Events

- **VBS** We will be offering a wonderful Vacation Bible School where children ages 4 years old through 5th grade can come and grow in their faith through music, games, crafts, storytelling and more!
- **Journey with Jesus** – Looking for an event that isn't just about the Easter Eggs? Come join us as we Journey with Jesus in a fun family friendly Easter Event.
- **3rd Grade Bibles** – Every year we love to give the gift of God's word to children. Classes are offered to help kids learn how to navigate the Bible.
- **Trunk or Treat** – Oct. 23 from 2-3pm - Trunk-or-Treat brings trick-or-treating to the parking lot! You can even be part of the fun, decorate your car and pass candy out to the kids, or simply show up and have fun!
- **Visit Santa!** – December 17th from 2-4pm – Come visit Santa and take a few pictures! Be sure to bring your letter to Santa, we have an official North Pole Mailbox!

**Questions?** Contact Noelle Allison, Director of Children and Families  
[noelle@parkerumc.org](mailto:noelle@parkerumc.org)





## Senior High Sunday School

All senior high students meet in room 144 downstairs at 9am Sunday mornings.

## Youth Group Activities

Middle School: 3:00-4:30 | High School: 4:00-6:00

Our afternoon consists of a lesson where students are encouraged to grow in their relationships with Christ and also fun and games.

## Get Connected

To Receive the Youth Emails please email [annemarie@parkerumc.org](mailto:annemarie@parkerumc.org) or contact the church office.

## Remind 101 for Youth & Parents

Stay up to date with times and events simply by subscribing to a FREE messaging tool used by many teachers and leaders.

### High School

For texts text to: 81010 in the message area type: @a43hd. For emails: send an email to [a43hd@mail.remind.com](mailto:a43hd@mail.remind.com)

### Middle School

For texts text to: 81010 in the message area type: @dcf74 For emails: send an email to [dcf74@mail.remind.com](mailto:dcf74@mail.remind.com)

## Fall/Winter Retreat

Every year we offer a weekend retreat for both the junior and senior high youth.

## Mission Trips

Every summer a week long mission trip experience is offered to our youth. They also participate in local missions throughout the year.

## Halloween Lock-In

All youth 6th-12th grade are invited to spend the night at church on Sunday Oct. 30th for games, food, friends, and fun.

## Confirmation Classes

Confirmation classes are offered Sep.-March to all youth 7th grade and up who are interested in confirming their faith in the United Methodist Church. We meet on Sundays in room 138.

## Questions?

Anne Marie Webb: 573-953-1641 • [AnneMarie@parkerumc.org](mailto:AnneMarie@parkerumc.org)

# Music MINISTRY

MAKE A JOYFUL NOISE TO THE LORD!



In my many years as the Director of Music here at Parker UMC, I find myself surrounded by the most blessed church family anyone could ask for!

The Music Ministry at Parker United Methodist Church strives to not only provide meaningful musical worship experiences for the members of the congregation, but it also is committed to providing opportunities to use the Arts as a vehicle to integrate the mission work of the United Methodist tradition.

The whole PUMC family is welcome to come and participate in this energizing ministry. I invite you to come and experience wonderful fellowship, meaningful music, and the opportunity to share your gifts with our awesome God!!

Kurt Stroman, Director of Music

## Parker UMC Choir

We sing at the 9:00 a.m. worship service. Rehearsals are Wednesday evenings from 7:00 – 8:00 p.m. We welcome new singers at every experience level throughout the year.

## Cambiata

At Parker UMC, Cambiata is a largely contemporary musical tone, filled with praise and joy. We rehearse from 6:00 – 7:00 p.m. Wednesday evenings, and sing one Sunday each month. If you need a little more musical fun, we're always happy to welcome you into our circle.

## Hand Bell Ringers

Are you a ringer? Have you always wanted to be a ringer? Either way, you're invited to be a part of the wonderful world of hand bells. We play a variety of five octave musical pieces monthly at Parker UMC. We'd love to ring alongside you! Contact Krisha Sielaff through the church office for more information.

## Solo & Instrumental Opportunities

There are many opportunities to minister to the Parker UMC congregation as a soloist during worship services. If you feel comfortable with your art, we can find a place for you to "sing or play the Spirit". Contact Kurt Stroman through the church office.

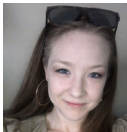
# Parker UMC Staff Team



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O: 303-840-6196

## Are You Caring for Someone with Memory Loss?

### Friends Together

A faith based support group for persons  
who have a loved one with memory loss

#### You are not alone

Caring for someone with memory issues can be difficult. You don't need to go through this alone. We are here to support each other on the journey.

#### Meeting locations

Parker United Methodist Church  
First and third Fridays at 10 am

Our Lady of Loreto Church  
First Wednesday at 6:30 pm  
Third Wednesday at 1 pm

#### More information?

Marian Gore:  
[gmgore@gmail.com](mailto:gmgore@gmail.com)

Sue Evans  
[sevens365@gmail.com](mailto:sevens365@gmail.com)

Rosanne Mizer  
[Rosannemizer@gmail.com](mailto:Rosannemizer@gmail.com)

# FOR EVERYONE

## New Member Class

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Springboard is a course designed to serve in the following ways:

- New member class for those exploring membership at Parker UMC
- Introduction for those exploring the Christian faith for the first time
- Refresher course for long-time believers who want a better understanding of the foundations of the faith and origins of the UMC

Classes are held once a quarter on Sundays following the second service. Each class lasts 90 minutes. A light lunch is included.

**2022 FALL CLASS: Sunday, September 25 at 11:45**

The sessions include lunch and introductions to our pastors, UMC & PUMC history; Wesley's understanding of God's grace & the means of grace; discipleship; prayers, presence, gifts, service & witness, and an introduction to Worship PLUS as a way to get involved in servant ministry. Contact the church office at 303-841-3979 or email Pastor Cody for more information or to sign up for the next group.

Leaders: Rev. Laura Rainwater and Pastor Cody Anderson

## At The Table, Join Us for a Meal and Conversation!

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At The Table, we will join together to share a meal, share stories and reflections about life, to celebrate with one another, to create friendships, and to do a mission project together. All are invited, from the youngest to the oldest and everywhere in-between! We gather the 2nd Wednesday of each month, from 5:30-7:00 p.m. RSVP is preferred (so we know how much food to provide) by emailing [cody@parker-umc.org](mailto:cody@parker-umc.org). You can also email Pastor Cody if you'd like more information.

## Perspectives

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Sunday mornings, 10:30 a.m. in room 144

This is a wonderful Sunday School class that allows for space to ask questions and to dig deeper into the scriptures. There is rotating leadership in this group which offers different perspectives in teaching.

Leaders: Susan Gustin [sjgustin@comcast.net](mailto:sjgustin@comcast.net) and Vicky Brase [vkbrase@yahoo.com](mailto:vkbrase@yahoo.com)

## Open Circle

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Sunday mornings, 10:30 a.m. in room 138

Open Circle is an adult Sunday School class open to all. The class offers fellowship and education with

class members who choose future study topics together.

Leaders: Betty Olson; 720-416-7240 and Marie LaBudde; 303-748-6962, labuddemarie@yahoo.com

## **Foundations**

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Sunday mornings, 10:30 a.m. in room 137

All are welcome to join fellow truth seekers in the Foundations Class. The group includes all adults ages and experience levels that enjoy discussing bible-based topics. Beginning September 11, we will review and discuss the Christian series “The Chosen”, which a fictionalized and personalized view of Jesus, his Disciples and other followers and how they might have interacted—based on biblical writings but more in depth.

Leaders: Scott Addy, Keith Johnson and Andrew Reynolds

## **Students of the Word**

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Tuesdays, 10:00 a.m. – 12:00 p.m. online

Join our small group for various Bible studies. We meet Tuesdays from 10:00am to noon via Zoom, so you don’t even have to leave your house. We will be using books from the Interpretation Series of Bible Studies. To sign up for this class, please contact Nancy Smith.

Leader: Nancy Smith; nancys70@comcast.net

## **Contemporary Christian Book Group**

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The Contemporary Christian Book Group meets the first Wednesday evening of the month (excluding January and July). We read a variety of books: fiction and non-fiction, explicitly Christian and not. You are welcome to join us, even if it’s just to take part in the discussion of one particular book that interests you! For more information, contact Susan Gustin sjgustin@comcast.net

Leader: Susan Gustin: sjgustin@comcast.net

## **The Lord’s Prayer**

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Wednesdays Starting October 19th from 10:30-11:30 in room 138

Most Christians know the Lord’s Prayer by heart. We pray it often, at different times and in different settings. We remember it as the prayer that Jesus taught his disciples. But do we really understand and appreciate the meaning and power of its words, what we ask of God each time we pray it? This class will discuss Rev. Adam Hamilton’s book, The Lord’s Prayer and reflect on the power of prayer in our own lives.

Leader: Vicky Brase vkbrase@yahoo.com

## Live Into Your Purpose

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In this class, you will identify and understand the life you are currently following, and how, by naming the spirituality that is already inside you, you can claim and live the unique life that is patiently waiting for you to live.

Dates and Times: Starting late September, TBA

Leader: Steve Kascht [kskascht@aol.com](mailto:kskascht@aol.com)

## Eden Gardeners

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Times Vary. We meet at PUMC and other locations

Dates: Varies | Frequency: Varies

Eden Gardeners is a group of people who are interested in any aspect of plant care or landscaping. Meetings usually include a class with demonstrations or slide shows, either at PUMC or other locations. Our speakers have been encouraging, knowledgeable, and enthusiastic! Some members volunteer to care for the church plants. Join in any time you find a subject that interests you, and enjoy the camaraderie, inspiration, and shared ideas of fellow gardeners! Watch the weekly Midweek Message email for meeting dates, or email Diana to have your name added to the group email list.

Contact Diana Hill: [colohills@msn.com](mailto:colohills@msn.com) or call 303-841-4559

## Stephen's Ministry

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Are you going through a tough time? Would you be open to considering a Stephen Minister to help you through this difficult time?

Stephen Ministry is a one-on-one ministry in which trained Stephen Ministers spend about an hour each week with people who are dealing with life's challenges. Sometimes these relationships can go on for a month or two; sometimes much longer. The main role of a Stephen Minister is to listen, pray, and provide encouragement. Stephen Ministers aren't counselors and don't try to "fix" things. They help by just being present and listening. Female Stephen Ministers are paired with women; male Stephen Ministers are paired with men. And everything that is shared with a Stephen Minister is confidential. Nothing is shared with church staff or anyone else—not even the fact that a specific person has a Stephen Minister.

If this is something you might be willing to consider, contact the church office and someone will put you in touch with a Stephen Minister. Stephen Ministry at Parker UMC is alive and here to help!

Leader: Susan Bucher [ibsusan@centurylink.net](mailto:ibsusan@centurylink.net)

## Friends Together

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First and third Fridays from 10 a.m. – 12:00 p.m. in room 216;

"Friends Together" is a faith-based support group for persons who have a loved one with memory loss.

We are open to the entire community and all are welcome, no matter where they are on their journey. We can help with resources and support. For more information, contact Marian Gore.

Leader: Marian Gore; [gmgore@gmail.com](mailto:gmgore@gmail.com)

We are happy to provide space for these groups to meet.

## **Double W's (Widows and Widowers Group)**

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This is a group for people who have lost their spouse and are looking for support and connection. There will be a Double W's Kickoff potluck on Sunday, September 25th at 11:45. For more information, reach out to Ronne Handel

Leaders: Ronne Handel [shirleyeva24@gmail.com](mailto:shirleyeva24@gmail.com) 303-690-7274

## **Dinner Groups**

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This fall, we are kicking off new Dinner Groups to be able to get connect and get to know one another. There are several options, including In-Home Dinner Groups, Restaurant Dinner Groups and Daytime Dinner Groups. To sign up, contact the church office or email [Cody@parkerumc.org](mailto:Cody@parkerumc.org)

## **FOR CHILDREN & FAMILIES**

### **Nursery and Childcare**

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Recognizing the importance of high-quality care, our church offers nursery during our 9 a.m. and 10:30 a.m. services and most church activities and Bible studies\*

### **3rd Grade Bibles**

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Every year we love to give the gift of God's word to children. Classes are offered to help kids learn how to navigate the Bible. This year, we will be offering 3rd grade bibles on October 9th. To make sure your 3rd grader receives a bible, please email [Noelle@parkerumc.org](mailto:Noelle@parkerumc.org)

### **Preteen Ministry Group**

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Do you have a child or know a child in 4th or 5th grade that needs a place to have fun and connect with kids their age while learning about God's great big love? Preteen group is back! We meet once a month at the church for an energetic and interactive lesson. We laugh, play and sometimes get messy. We are meeting the first Sunday of the month at 3pm.

Volunteers are needed to support this ministry. Please let Noelle know if you can have fun with this awesome group of kids for one hour a month. For more information contact Noelle, [noelle@parkerumc.org](mailto:noelle@parkerumc.org)

# Spark!

music, stories and worship

## NEW Worship Service!

Spark! is a welcoming, carefree worship community that will engage all ages to worship through contemporary praise music, stories and movement while experiencing God's love and igniting our faith. Communion will be served each Sunday. If you are interested in your faith being sparked and experiencing worship in a whole new way, join us for this new worship experience!

**Sundays at 10:30 beginning September 11**





It all happens...

# AT THE TABLE

Dinner, conversation, community



The 2nd Wednesday of every month from 5:30-7 p.m.

## Trunk or Treat

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Come be part of this fun Halloween Event! Trunk-or-Treat brings trick-or-treating to the parking lot! You can even be part of the fun, decorate your car and pass candy out to the kids, or simply show up and have fun! This year's date is October 23 from 2-3pm

## Visit Santa!

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Come visit Santa and take a few pictures! Be sure to bring your letter to Santa, we have an official North Pole Mailbox! Santa is scheduled to come visit us on Saturday, December 17th from 2-4 pm

Questions? Contact Noelle Allison, Director of Children and Families [noelle@parkerumc.org](mailto:noelle@parkerumc.org)

## FOR YOUTH

### Get Connected

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To receive the Youth emails please email [AnneMarie@parkerumc.org](mailto:AnneMarie@parkerumc.org) or contact the church office. You'll hear about cool events and opportunities first!

### Senior High Sunday School

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Senior High Youth (ages 9th-12th) will meet in the youth room, room 144 at 9 a.m. Sunday mornings for conversation and Bible study. This is open to all senior high youth and will meet every Sunday.

### Confirmation Classes

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Confirmation classes are offered to all youth 7th grade and up who are interested in confirming their faith in the United Methodist Church. This class starts September 11 and will meet every Sunday at 9am in room 138. To sign up, email [AnneMarie@parkerumc.org](mailto:AnneMarie@parkerumc.org)

### Youth Group Activities

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Middle School: 3:00 – 4:30 p.m.; High School: 4:00 – 6:00 p.m. Our afternoon consists of a lesson where students are encouraged to grow in their relationships with Christ and also fun and games to connect with each other.

### Remind 101 for Youth & Parents

---

Stay up to date with times and events simply by subscribing to a FREE messaging tool used by many teachers and leaders. To sign up, email [AnneMarie@parkerumc.org](mailto:AnneMarie@parkerumc.org)

## Mission Trips

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Every summer a week-long mission trip experience is offered to our youth. They also participate in local missions throughout the year.

Questions? Anne Marie Webb: 720-204-4424 • [AnneMarie@parkerumc.org](mailto:AnneMarie@parkerumc.org)

## FOR WOMEN

### Open Hearts, Open Minds Women's Bible Study

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Every 2nd and 4th Thursdays from 1:00 – 2:30 p.m. in room 137

Frequency: Weekly

Join this group of women who meet to study and discover new understandings of Christian living. Look for details about the current study in the Midweek Message or reach out for information.

Contact Diana Hill: [colohills@msn.com](mailto:colohills@msn.com) or call 303-841-4559

### Mom's Group

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Wednesdays, 9:30 – 11:00 a.m.; childcare provided

Mom's Group is a study for mothers of young children. This is a welcoming group for mothers who are looking for connection, support and growing deeper in their faith.

Leaders: Cody Anderson; [cody@parkerumc.org](mailto:cody@parkerumc.org) and Noelle Allison; [noelle@parkerumc.org](mailto:noelle@parkerumc.org)

### United Women in Faith

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Typically, the team meets the 2nd Tuesday of the month at 6:30 p.m. via Zoom

Our purpose is to know God, to experience freedom as whole persons through Jesus Christ, to develop a creative, supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church.

Parker UWF typically holds four quarterly special events on Saturdays or Sundays throughout the year. The UWF leadership team meetings are open to everyone and we're currently inviting women to join our Team! It is a great opportunity to share and grow your leadership skills while focusing on our vision of turning faith, hope and love into action on behalf of women, children, and youth around the world.

Contact: Marsha Weber (303) 658-0468 for more info.

Within UWF we have several circle groups which meet monthly or weekly. The focus of each circle is different, but each one seeks to be involved in a mission of their choosing. Every circle is open for new members.

## **Sarah**

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Sarah meets on the third Tuesday of every month at 10:00 a.m. in PUMC. Focus is reading the books from a published list by UWF. They support La Puente and supply items for school bags.

Contact: Dottie Rasmussen, 303-840-9430.

## **Telephone Calling**

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Telephone Calling reaches out to older members of PUMC on a monthly basis. They share a scripture message and a listening ear.

Contact: Cathy Higgins, 720-484-5675

## **Neighbor to Neighbor**

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Neighbor to Neighbor meets the second Monday of every month, 9:30 – 11:30 a.m. at Lincoln Meadows. Focus is prayer and connection with one another. Mission is Youth into the World.

Contact: Ruth Wills, 303-693-7365

## **Clicking Needles**

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Clicking Needles meets at PUMC every week on Wednesdays from 1:00 – 3:00 p.m. Focus is knitting and crocheting. Mission is making squares for the Pine Ridge Lakota Native American women to create quilts for their people.

Contact: Ruth Wills, 303-693-7365

## **Knit One/Pray Two: Prayer Shawl Ministry**

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Mondays, 1:00 – 2:30 p.m.

Calling all knitters and crocheters! Our prayer shawl ministry will resume weekly meetings on Mondays and we would love for you to join us. Please join us for fellowship, handiwork and praying blessing on those who will receive the shawls. Want to learn how to knit or crochet? We will help you learn.

Contact Julie Kronbach, [jkronbach@comcast.net](mailto:jkronbach@comcast.net)

## **FOR MEN**

### **United Methodist Men (UMM)**

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The men's group here at Parker UMC meets at 8 a.m. at the church on the second Saturday of each month (when COVID allows). A small team prepares breakfast and we gather for food, fellowship, a devotion, and a little bit of business with a program of interest. This Saturday morning group is open to men of all ages.

Leader: Dan O'Neill: 303-210-3899; [Odie2450@comcast.net](mailto:Odie2450@comcast.net)

## **Wednesday Men's Study Group**

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Wednesdays at 8:30 – 9:45 am in Room 138

Dates: Ongoing | Frequency: Weekly

Meet with other men for breakfast, Bible study and discussion on a range of topics. This group has rotating leadership. New members are welcome.

Leader: Ben Dieken (952) 221-8568 or email [My1965dodge@gmail.com](mailto:My1965dodge@gmail.com)

## **Faith Walking: A Gathering For Men Around Their 40's**

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Thursdays, 6:00 – 7:00 a.m. at Fika Coffee on Main Street

Faith Walking is an opportunity for men around 40, give or take a decade, to gather and grow their faith and love for God through fellowship, small group Bible study, fellowship activities, and service activities. The foundation of the group happens each Thursday morning where we journey together through a Bible study in association with a light breakfast and coffee. Periodically the group will also help give back by doing acts of service at the Church and in the community. Leaders : Ryan Woods; [rwoods005@me.com](mailto:rwoods005@me.com) 303-725-6766 or Kurt Pritts; [kurt.pritts@gmail.com](mailto:kurt.pritts@gmail.com) 720-544-3335

## **MISSION & VOLUNTEER OPPORTUNITIES**

### **Parker Task Force & Food Bank**

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The Parker Task Force is dedicated to providing individuals and families in our community with food, limited financial assistance and other support services to help them become self-sufficient. Donations of non-perishable food items to support the PTF food bank can be left in the collection boxes at the PTF table in the Narthex.

Contact: [cody@parkerumc.org](mailto:cody@parkerumc.org) or 720-204-4426.

### **Caring Ministry**

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The members of our congregation have wide-ranging needs that can be met by the members of our congregation. This Ministry is being launched to address a number of needs. There are so many opportunities. Examples include: prayer, visitation, providing meals, sending cards, making phone calls, connecting people with support groups, and sharing resources for employment, child care, and counseling. Would you like to join this Caring Ministry and contribute your time and talents to meeting the needs of our congregation?

Contact Associate Pastor, Cody Anderson [cody@parkerumc.org](mailto:cody@parkerumc.org) or call 303-841-3979.

## Feed My Starving Children (FMSC)

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Parker MobilePack: Dates: October 21 and 22

Feed My Starving Children MobilePack™ events allow people across the United States to pack life-giving meals. PUMC has hosted an annual MobilePack® since 2014 bringing together more than 900 volunteers to pack almost 200,000 meals at our most recent event. This event welcomes broad participation from the community and provides opportunities to get involved throughout the year.

Contact Julie Kronbach: [jkronbach@comcast.net](mailto:jkronbach@comcast.net)

## Sunday School Teachers Needed

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Children's Church Sunday School is looking for your help. Please check the dates this fall and consider signing up for one (or more) Sunday's to help. God has given us a wonderful example in our children. And when we, as a Sunday School volunteer, take the time to serve kids, and share God's love with them, the reward is incredible! Contact Noelle Allison: [noelle@parkerumc.org](mailto:noelle@parkerumc.org)

## The Bridge Haiti

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Your gifts support *The Bridge*, sponsoring a women's Bible study for Haitians, and led by Haitians. We fully support a social worker working with abused and traumatized young women. Honor a daughter, mother, wife or other important woman in your life by making a donation, it will bless others in this shaken land.

Mission opportunities are advertised in the Midweek Message, the and the projectors/monitors inside and outside the sanctuary.

## Coffee and Donuts Support Needed

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We are needing your help to host the coffee and donut hours on Sunday mornings. This is an easy way to give back to the church and to meet amazing people. To volunteer to be a part of this amazing ministry once a month, please contact Diane Sheffield at [lucyjean279@q.com](mailto:lucyjean279@q.com)

## Memorial Service Set Up and Clean Up

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When things happen in life, we need help. It takes a village. Would you be able to help a few times a year setting up tables or putting out food for our memorial services? Our team needs more names on our volunteer list (men and women). Contact Judy Stephens at [stphju3@aol.com](mailto:stphju3@aol.com) or (303) 478-3558

## Audio and Video Technicians Volunteers Needed

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We are always looking for volunteers on our amazing tech team. Audio systems, camera operation, media, video and slides on Sunday mornings are an essential part of our services. We provide all of the training you need and you can sign up for once a month or more, depending on your availability. Please email [Jason@ParkerUMC.org](mailto:Jason@ParkerUMC.org) or talk with Kurt Bokenkamp before or after services on Sunday.

# COMMUNITY SUPPORT GROUPS

## Alcoholics Anonymous (AA)

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Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

- Womens Group Tuesdays 6:30 p.m. in room 144
- Tuesdays 8:00 p.m. in room 144
- Fridays 6:00 p.m. in the Fellowship Hall

## Al-Anon

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Tuesdays at 8:00 p.m. in room 124 | Dates: Ongoing | Frequency: Weekly

- Al-Anon's Purpose is to help friends and families of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Our focus is on ourselves, not the alcoholic. The only requirement for membership is that there be a problem of alcoholism with a friend or relative.

## Narcotics Anonymous (NA)

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Mondays at 7:30 p.m.; Thursdays at 7:30 p.m.; Fridays at 7:30 p.m. in room 144

Dates: Ongoing | Frequency: Weekly


NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

## TOPS (Take Off Pounds Sensibly)

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Thursdays 10:30 a.m.– Noon in room 144 | Dates: Ongoing | Frequency: Weekly

TOPS is an international organization dedicated to sensible weight loss. Men, women and teens from our church and community are invited to join us and learn to make healthier food choices. We give and receive lots of support as we progress toward our goals. Visit a “free” meeting and find our costs are reasonable — national dues \$49 annually. Come at 10:30 a.m. for weigh-in followed by a meeting from 11 a.m. – Noon.



**Camps and supplemental child care are available for families during school breaks.**



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email: [tricia@parkerumc.org](mailto:tricia@parkerumc.org) or call 720-204-4420

Learn more about our program at [www.littleblessingsparker.org](http://www.littleblessingsparker.org)



**Springboard**  
Jump In Today!



**Next Class:  
Sunday, Sept. 25 at 11:45**

## Explore Membership at Parker UMC

### Springboard Class Offers:

- New member class for those exploring membership at Parker UMC
- Introduction for those exploring the Christian faith for the first time
- Refresher course for long-time believers who want a better understanding of the foundations of the faith and origins of the UMC

Classes are held once a quarter on Sundays following the second service. Each class lasts 90 minutes. A light lunch is included.

The sessions include lunch and introductions to our pastors, UMC & PUMC history; Wesley's understanding of God's grace & the means of grace; discipleship; prayers, presence, gifts, service & witness, and an introduction to Worship PLUS as a way to get involved in servant ministry.

Contact the church office @303-841-3979 or email [Cody@parkerumc.org](mailto:Cody@parkerumc.org) for more inf or to sign up for the next group.

**SIGN UP!**



## **READY, SET, SIGN UP! PACK DATES OCT.21-22**

### **SIGNUPS WILL OPEN UP FROM SEPT. 1-14 FOR PUMC ONLY!**

As we will have reduced packing sessions this year packing 101,800 meals, be sure to choose your preferred time and session early.

### **ON SEPTEMBER 15, SIGNUPS ARE AVAILABLE TO THE ENTIRE COMMUNITY.**

We have requests for groups from other churches and schools for large group spots which will limit availability shortly after.

### **WE ALSO NEED VOLUNTEERS FOR SET UP, CLEAN UP AND HELP BEFORE AND DURING THE PACK.**

IF YOU CAN HELP, WE WILL HAVE SIGNUP SHEETS AVAILABLE AFTER OUR WORSHIP SERVICE.



# **We're looking for volunteers just like you**

Visit [parkerumc.org/volunteer](https://parkerumc.org/volunteer)

**You have so much to give: Your time, your talents, and your gifts.**





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