



PACKING LIST

SUMMER 2013

For Everyone

- ★ Reusable water bottle (extremely important!) – YouthWorks provides drinking water.
- ★ Sun block, lip balm, hat (to protect you from the sun), sunglasses
- ★ Long pants (for cool nights and/or work projects)*
- ★ Long sleeved shirts and sweatshirts (for cool nights and/or work projects)*
- ★ Short sleeved shirts (no sleeveless shirts or tank tops – see clothing policy)
- ★ Appropriate length shorts (see clothing policy)
- ★ Nice, clean clothes for a possible worship service*
- ★ Light jacket (for cool nights)*
- ★ Closed-Foot Shoes (see clothing policy)
- ★ Underwear and socks
- ★ One-piece swimsuit for showering and possible evening activities (see clothing policy)*
- ★ Bath towel, washcloth
- ★ Shower shoes (flip-flops)
- ★ Small shower bag or backpack
- ★ Soap, shampoo, deodorant, other toiletries (extra contact lenses, backup pair of glasses)
- ★ Sleeping bag and pillow
- ★ Air mattress or camping pad (we will sleep on floors)*
 - **Must be twin size or smaller**
- ★ Bible and pen
- ★ Spending money for snacks and t-shirt purchases (talk to your Trip Leader for further details)
- ★ Insect repellent (not every person needs to bring – coordinate with others in your group)*
- ★ Flashlight
- ★ Battery powered alarm clock (not every person needs to bring – coordinate with others in your group)
- ★ Reusable lunch bags/boxes for lunches (YouthWorks does provide brown paper lunch bags, but bringing your own can save on waste)

*The Site Director will connect with your Trip Leader to talk through specific packing list items during the Pre-Trip Call, 2-3 weeks before your trip.

Notes on Packing

Because space is limited in the sleeping rooms, everything but your sleeping bag and camping pad or air mattress must fit in one duffel bag or suitcase.

Please check the local weather forecast for your site to make sure that you pack accordingly.

DO NOT BRING:

- ★ Blow dryers, curling or straightening irons because the shower time is short and because many of our housing sites do not have the power to run all of these small electronics at one time.
- ★ iPods, electronic games, other valuables, or too much cash. These items can distract you from others during the week and may be susceptible to theft.
- ★ **YouthWorks is not responsible for any lost or stolen items.**

For Canadians going to US Sites or US citizens going to Canadian Sites

- ★ Appropriate documents for border crossing
See *Border Crossing Info* under *Required Paperwork*
- ★ Be sure to exchange your money before mission trip. This can take up to a few weeks.

For those going to Puerto Rico

- ★ Because of space limitations, do not bring an air mattress! **Please bring a foam pad or camping pad.** (*Buying something? We suggest: bit.ly/camppad*)
- ★ The summer is rainy season in PR – a small umbrella or raincoat is a good idea and bug spray mandatory!
- ★ We will be attending a Puerto Rican church service while you are on site. It is important to be culturally appropriate in our clothing, which means to dress modestly. YouthWorks staff will ask participants to change if they are not dressed appropriately. Suitable clothing for church includes:
 - For women: At least knee-length skirts/dresses or shorts/capris and a nice loose-fitting shirt. Please no sleeveless dresses.
 - For men: Pants or knee-length shorts, preferably khakis with a short sleeve button-down shirt or polo shirt.
 - Sandals are appropriate for everyone to wear to church.