

CONNECTIONS

CLASSES, GROUPS & STUDIES

P A R K E R U M C F A L L 2 0 2 3



A Note from the Pastor

Happy Fall, Parker UMC friends!

We appreciate the ways you are part of our church. We want to make sure you find your place in our active congregation. This Connections Catalog shares many ways you can connect with others and grow in your faith. We never stop learning, we never stop serving, and we never stop connecting.

Here you will discover small groups for families, youth, and adults. Some of these are familiar and on-going, some may be new to you. Check out what interests you, what might be at a time and place that works for your schedule. Know that these are great ways to connect with friends, but new and familiar.

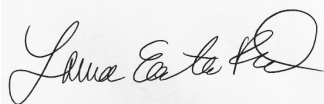
One thing I believe is that we grow when we are in community with others. Following Jesus is not easy. We have questions. We may not know what steps to take. Or we need someone to help us as a supporter, an encourager, and an accountability partner. And we must do the same for someone else. May one of these small groups, one of these classes, one of these mission opportunities, or even a new group, be a way to spark your faith and your connections with others.

We also look forward to our various worship services. We will continue to offer two, distinct opportunities to worship. Our 9 am service will be the one familiar to most of you with our choir, hymns, and communion on the first Sunday of each month. Our 10:30 service, Spark!, is a different expression of worship that is intentionally multi-generational, and focuses on music, stories and movement. Check out both services to find the one that meets your spiritual needs.

Remember that our 9 am continues to be offered livestream for those times when you need to stay home, you are traveling, or life just gets in the way. Worship is one important way to stay connected to Christ and to one another.

Keep up to date with worship, small groups, mission opportunities, and other events with our church-wide emails and our website, www.parkerumc.org.

If you have any questions, if you are feeling a nudge to begin a new small group or class, or if you wonder how you can grow in your faith, please contact us. Your staff and church leaders are available to help you in any way we can.



See you at church!

Pastor Laura Rainwater

To Be a Beacon of Christ-Centered Hope for Our Neighbors

Parker UMC Leadership Board

Kim Bimestefer, Co-Chair

Steve Brase

Lacye Cahill, Co-Vice-Chair

Susan Gustin

David Haukeness, Co-Vice-Chair

Jack Kear

Julie Kronbach, Lay Leader

Rick Kucera

Rev. Doug McKinney

Dan O'Neill, Co-Chair

Rev. Laura Easter Rainwater, Sr. Minister

Eric Ross

Elizabeth Stanley

Tricia Woods, Little Blessings Preschool Director

Ron Wyckoff

Index

5	CHILDREN'S MINISTRY
6	YOUTH MINISTRY
7	MUSIC MINISTRY
9	FOR EVERYONE
12	FOR CHILDREN AND FAMILIES
15	FOR YOUTH
16	FOR WOMEN
17	FOR MEN
18	OPPORTUNITIES TO SERVE
21	SUPPORT GROUPS

Get the Whole Scoop The Midweek Message Weekly Email

Keep up with the latest events, worship opportunities, special programs, and ideas on how to give and serve.

Email Sarah@ParkerUMC.org to sign up today!



Note: Childcare is provided for most of our groups and events. Please check with the church office to confirm. This helps us provide the appropriate number of childcare staff. This catalog reflects the current offerings. Please check your Midweek Message and the slides and screens on Sundays for updates and upcoming classes not included in this catalog.



WE ARE THE CHURCH!

Gathering together for teaching, music, worship, prayer and fellowship

CHILDREN'S MINISTRY

A P L A C E F O R F A M I L I E S



We Are Happy to Offer

- Outstanding programming for children through elementary
- Opportunities for children and adults to grow in their faith
- Sunday School classes that appreciate varied learning styles
- Children's Choir for some musical fun
- Many ways for parents and children to get involved
- Preteen group, helps older elementary kids grow spiritually in a fun atmosphere

Nursery and Childcare

- Recognizing the importance of high quality childcare, our church offers care during our 9 and 10:30 am services and most church activities and Bible Studies*

Special Events

- **3rd Grade Bibles** – A gift of God's word given to third graders.
- **Trunk or Treat** – Oct. 22 from 2-3pm - Trunk-or-Treat brings trick-or-treating to the parking lot!
- **Chili Cookoff** – Oct. 29 at 11:30 - Join us for a friendly chili competition.
- **Visit Santa!** – December 3rd @ 11:30 a.m. – All are welcome to come visit Santa and take a few pictures!
- **Journey with Jesus** – Easter event for the whole family.
- **Vacation Bible School** for children ages 4 years old through 5th grade to grow in faith.

Questions? Contact Noelle Allison, Director of Children and Families
noelle@parkerumc.org



YOUTH MINISTRY

FOR MIDDLE & HIGH SCHOOL STUDENTS



Youth Sunday School

All youth grades 6-12 meet downstairs at 9 am Sunday mornings.

Youth Group Activities

Youth Group: 3–5 p.m. on Sundays

Our afternoon consists of a lesson where students are encouraged to grow in their relationships with Christ and also fun and games.

Get Connected

To receive the Youth emails, or if you have any questions about our youth program, please email cody@parkerumc.org or contact the church office.

Remind 101 for Youth & Parents

Stay up to date with times and events simply by subscribing to a FREE messaging tool used by many teachers and leaders.

High School

For texts text to: 81010 in the message area type: @pumcsr23. For emails: send an email to pumcsr23@mail.remind.com

Middle School

For texts text to: 81010 in the message area type: @pumcjr23 For emails: send an email to pumcjr23@mail.remind.com

Fall/Winter Retreat

Look for information coming soon.

Mission Trips

Every Summer our youth go on a mission trip to serve. More information will be available in January 2024.

Service Activities

The 4th Sunday of each month we will do a local service activity followed by a short discussion and a family meal (see details below.)

Family Meal

Families are invited to bring a potluck dish to share and join a night of connection from 5-6:30pm. We'll eat together then split off, allowing youth and parents to have their own experience for the night.

Confirmation

Confirmation is for youth in grades 7 and up who want to learn what it means to be UMC. Confirmation begins September 10th. We will meet Sundays from 2-3 p.m. To sign up, please email cody@parkerumc.org

MUSIC MINISTRY

MAKE A JOYFUL NOISE TO THE LORD!



The Music Ministry at Parker United Methodist Church strives to not only provide meaningful musical worship experiences for the members of the congregation, but also for all those that participate in the making of the music!

Everyone is welcome to come and participate in this energizing ministry. We invite you to come and experience wonderful fellowship, meaningful music, and the opportunity to share your gifts with our awesome God!!

Choral - Parker UMC Choir

We sing at the 9:00 a.m. worship service. Rehearsals are Wednesday evenings from 7:00 – 8:00 p.m. We welcome new singers at every experience level throughout the year. Contact Paul Ijames.

Cambiata

This group has a largely contemporary musical tone, filled with praise and joy. We rehearse from 6:00 – 7:00 p.m. Wednesday evenings, and sing one Sunday each month. If you need a little more musical fun, we're always happy to welcome you into our circle. Contact Paul Ijames.

Hand Bell Ringers

Are you a ringer? Have you always wanted to be a ringer? Either way, you're invited to be a part of the wonderful world of handbells. We play a variety of five octave musical pieces monthly at Parker UMC. We'd love to ring alongside you! Contact Jon Bray.

Solo & Instrumental Opportunities

There are many opportunities to minister to the Parker UMC congregation as a soloist during worship services. If you feel comfortable with your art, we can find a place for you to "sing or play the Spirit". Contact Kurt Bokenkamp.

Paul Ijames, Director of Music Paul@parkumc.org

Kurt Bokenkamp Fine Arts Coordinator kurtb@parkerumc.org

Jon Bray Handbell Choir Director Jon@parkerumc.org

Parker UMC Staff Team



LAURA RAINWATER
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E: laura@parkerumc.org
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PAUL IJAMES
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JON BRAY
Handbell Choir Director
E: jon@parkerumc.org



TRICIA WOODS
Little Blessings
Preschool Director
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O: 720-204-4420

Are You Caring for Someone with Memory Loss?



Friends Together A faith based support group for persons
who have a loved one with memory loss

You are not alone

Caring for someone with
memory issues can be difficult.
You don't need to go through
this alone.
We are here to support each
other on the journey.

Meeting location

Our Lady of Loreto Church
First Wednesday at 6:30 pm
Third Wednesday at 1 pm

More information?

Call the church office 303-841-3979

FOR EVERYONE

New Member Class

Springboard is a course designed to serve in the following ways:

- New member class for those exploring membership at Parker UMC
- Introduction for those exploring the Christian faith for the first time
- Refresher course for long-time believers who want a better understanding of the foundations of the faith and origins of the UMC

Classes are held once a quarter and last 90 minutes. Sessions include lunch and introductions to our pastors, UMC & PUMC history; John Wesley's (the founder of the Methodist movement) understanding of God's grace & the means of grace; discipleship; prayers, presence, gifts, service & witness, and an introduction to Worship PLUS as a way to get involved in servant ministry. Contact Pastor Cody via email or through the church office (303) 841-3979 for more information or to sign up for the next group.

Leaders: Rev. Laura Rainwater and Pastor Cody Anderson

At The Table, Join Us for a Meal and Conversation!

At The Table, we will join together to share a meal, share stories and reflections about life, to celebrate with one another, to create friendships, and to do a mission project together. All are invited, from the youngest to the oldest and everywhere in-between! We gather the 2nd Wednesday of each month, from 5:30-7:00 p.m. RSVP is preferred (so we know how much food to provide) by emailing cody@parker-umc.org. You can also email Pastor Cody if you'd like more information.

Perspectives

Sunday mornings, 10:30 a.m. in room 144

This is a wonderful Sunday School class that allows for space to ask questions and to dig deeper into the scriptures. There is rotating leadership in this group which offers different perspectives in teaching.

Leaders: Susan Gustin sjgustin@comcast.net and Vicky Brase vkbrase@yahoo.com

Open Circle

Sunday mornings, 10:30 a.m. in room 216

The Open Circle Sunday School class meets to discuss different books addressing different Biblical and faith themes. Anyone is welcome for these conversations.

Leaders: Betty Olson; 720-416-7240 and Marie LaBudde; 303-748-6962, labuddemarie@yahoo.com

Foundations

Sunday mornings, 10:30 a.m. in room 137

Foundations is a Bible Study that is open to all! Our class is focused on using scriptures as our cornerstone in studies that help us dive deeper in God's will, way, and word in our everyday lives. We usually rely on video guided studies and no homework is required! Our first study we will use the TV series, *The Chosen* as our framework.

Leader: Andrew Reynolds arhere13@gmail.com

Students of the Word

Tuesdays, 10:00 a.m. – 12:00 p.m. in room 138 and via Zoom

Join our small group for three 10-week Bible studies between September and May. This year we will study The Sermon on the Mount as interpreted by Dr. Amy-Jill Levine, as well as Exodus and Mark from the Interpretation Series Bible Studies. The group includes people who are new to studying the Bible as well as those with more experience. We enjoy conversations about the material and look for ways to apply the Bible to our lives today. The first class is Tuesday, September 12 and books are available through the leader or in the church office. To sign up for this class, please contact Nancy Smith.

Leader: Nancy Smith; nancys70@comcast.net

Contemporary Christian Book Group

The Contemporary Christian Book Group meets the first Wednesday evening of the month (excluding January and July) in room 216. We read a variety of books: fiction and non-fiction, explicitly Christian and not. You are welcome to join us, even if it's just to take part in the discussion of one particular book that interests you! For more information, contact Susan Gustin sgustin@comcast.net

Leader: Susan Gustin: sgustin@comcast.net

Eden Gardeners

Times and frequency vary. We meet at PUMC and other locations

Eden Gardeners is a group of people who are interested in any aspect of plant care or landscaping. Meetings usually include a class with demonstrations or slide shows, either at PUMC or other locations. Our speakers have been encouraging, knowledgeable, and enthusiastic! Some members volunteer to care for the church plants. Join in any time you find a subject that interests you, and enjoy the camaraderie, inspiration, and shared ideas of fellow gardeners! Watch the weekly Midweek Message email for meeting dates, or email Diana to have your name added to the group email list.

Contact Diana Hill: colohills@msn.com or call 303-841-4559

Pastor Laura's Fall Class

Mondays, 6 - 7:30 pm, September 18 - October 20, room 138

Join Pastor Laura for “Studying Scripture Together. Respectfully Discussing Scripture that has Historically Divided Us.” This will focus on scripture passages that address human sexuality. Bring your Bible and a willingness to learn something as we use the Wesleyan Quadrilateral that brings together scripture, tradition, reason and experience.

Stephen Ministry

Are you going through a tough time? Would you be open to considering a Stephen Minister to help you through this difficult time?

Stephen Ministry is a one-on-one ministry in which trained Stephen Ministers spend about an hour each week with people who are dealing with life's challenges. Sometimes these relationships can go on for a month or two; sometimes much longer. The main role of a Stephen Minister is to listen, pray, and provide encouragement. Stephen Ministers aren't counselors and don't try to “fix” things. They help by just being present and listening. Female Stephen Ministers are paired with women; male Stephen Ministers are paired with men. And everything that is shared with a Stephen Minister is confidential. Nothing is shared with church staff or anyone else—not even the fact that a specific person has a Stephen Minister.

If this is something you might be willing to consider, contact the church office and someone will put you in touch with a Stephen Minister. Stephen Ministry at Parker UMC is alive and here to help!

Leader: Sara Wahls, s_wahls@hotmail.com

Double W's (Widows and Widowers Group)

This is a group for people who have lost their spouse and are looking for support and connection. This group will resume in September. For more information, reach out to Ronne Handel.

Leaders: Ronne Handel shirleyeva24@gmail.com 303-690-7274

Dinner Groups

Dinner Groups are up, running and ready to connect you with others and get to know one another. There are several options, including In-Home Dinner Groups, Restaurant Dinner Groups and Daytime Dinner Groups. To sign up, contact the church office or email Laura@parkerumc.org

Chili Cookoff

Join the Children's and Youth Programs for a friendly competition on Sunday, October 29, starting at 11:30 am. Cookers and judges are needed! For more information, email Noelle@parkerumc.org.

FOR CHILDREN & FAMILIES

CrossWalk Parenting Group

Second and Fourth Thursdays from 5:30–7:00 p.m. Commons Area at Parker UMC

CrossWalk is a place where parents of young children can come and enjoy time with other adults. Bring your family and your favorite side dish for an inaugural potluck dinner starting at 5:30 p.m. Then, from 6 – 7 p.m. we will provide child care while you enjoy a moment for Bible study with fellow parents and friends at Parker UMC. No homework, no obligations, just connecting with the Word and the Table. RSVP is preferred so we know how much main dish we need to provide.

Gatherings begin after Labor Day. We hope to see you there—feel free to bring your friends!

Leaders: Andrew and Jill Reynolds arhere13@gmail.com and jrhere13@gmail.com

Nursery and Childcare

Recognizing the importance of high-quality care, our church offers nursery during our 9 a.m. and 10:30 a.m. services and most church activities and Bible studies*

Children's Choir

Children's Choir starts on August 13. They sing in the 9 am worship service once a month. This year they will add to the fun! Kids will learn musical instruments or enjoy a craft. Rehearsals are on Sundays from 10:00 - 10:20 am in the Choir Room. Grownups can enjoy coffee, donuts, and time with other grownups while the kids (of all ages) sing, learn about God's great big love and enjoy donuts with friends. No need to RSVP, just show up! For more information, contact Noelle Allison, noelle@parkerumc.org.

3rd Grade Bibles

Every year we love to give the gift of God's word to children. Classes are offered to help kids learn how to navigate the Bible. This year, we will be offering 3rd grade bibles on September 24th. To make sure your 3rd grader receives a bible, please email Noelle@parkerumc.org

Preteen Ministry Group

Do you have a child or know a child in 4th or 5th grade that needs a place to have fun and connect with kids their age while learning about God's great big love? Preteen group is for them! We meet once a month at the church for an energetic, interactive lesson. We laugh, play and sometimes get messy. Our first meeting is September 10. We will meet the first Sunday of the month from 3–5 p.m. moving forward.

Volunteers are needed to support this ministry. Please let Noelle know if you can have fun with this awesome group of kids for one hour a month. For more information contact Noelle, noelle@parkerumc.org

PARKER UNITED METHODIST 2023

CONCERT SERIES

- KIDS PROGRAMMING
- BLUEGRASS
- CHRISTIAN CLASSICAL
- BELLS & HOLIDAY PROGRAMS

UPCOMING CONCERTS

WELD COUNTY RAMBLERS | SUNDAY SEPT 24TH @ 3 PM

SWEETEST DAY CANDLELIGHT CONCERT | OCT 21

5280+ SENIOR CHORALE | NOV 12

HANDEL'S MESSIAH | SUNDAY DEC 3RD @ 9 & 10:30 AM

FORTE HAND BELL QUARTET | DEC 3RD @ 4 PM

DENVER BRASS & PUMC CHRISTMAS CONCERT | DEC 9TH



NEXT CONCERT

ISTARI WORLD PERCUSSION
AUGUST 24TH @ 6 PM



CHILDCARE IS PROVIDED AT EVERY EVENT!

ADVENT WORSHIP

Nov. 26th - Dec. 17th

Messiah Presentation
Dec. 3rd @ 9 am and
10:30 am services

Visit Santa!
Dec. 3 - 11:30 am - 1 pm

Little Blessings
Preschool Christmas
Program
Dec. 10th afternoon

Christmas Eve
Services
Dec. 24th, 10 am, 4
pm, 6 pm, 8 pm





It all happens

AT THE TABLE

Dinner, conversation, community



The 2nd Wednesday of every month from 5:30-7 p.m.



5 Love Languages of Children

Starting in September, join us for a 6-week class where you can discover your child's love language and gain great understanding of how best to parent your child. For more information or to sign up, please email Pastor Cody Anderson, cody@parkerumc.org

Trunk or Treat

Come be part of this fun Halloween Event! Trunk-or-Treat brings trick-or-treating to the parking lot! You can even be part of the fun, decorate your car and pass candy out to the kids, or simply show up and have fun! This year's date is October 22 from 2-3pm

Visit Santa!

Come visit Santa and take a few pictures! Be sure to bring your letter to Santa, we have an official North Pole Mailbox! Santa is scheduled to come visit us on Sunday, December 3rd @ 11:30 a.m.

Questions? Contact Noelle Allison, Director of Children and Families noelle@parkerumc.org

FOR YOUTH

Get Connected

To receive the Youth emails please email Cody@parkerumc.org or contact the church office. You'll hear about cool events and opportunities first!

Youth Sunday School

Youth ages 6-12 grade will meet downstairs at 9 a.m. Sunday mornings for conversation and Bible study.

Confirmation Classes

Confirmation is for youth in grades 7 and up who want to learn what it means to be UMC. Confirmation begins September 10th. We will meet Sundays from 2-3 p.m. Email cody@parkerumc.org to sign up.

Youth Group Activities

Youth Group is Sunday afternoons from 3-5 p.m. There will be many different ways to learn, grow and have fun. Please sign up for youth emails and check your Midweek message for schedule and details.

Mission Trips

Every Summer our youth go on a mission trip to serve and deepen their faith and strengthen friendships. More information will be available in January 2024.

FOR WOMEN

Open Hearts, Open Minds Women's Bible Study

Every Thursday from 1:00 – 2:30 p.m. in room 137

Frequency: Weekly

Join this group of women who meet to study and discover new understandings of Christian living. Look for details about the current study in the Midweek Message or reach out for information.

Contact Diana Hill: colohills@msn.com or call 303-841-4559

Mom's Group

Wednesdays, 9:30 – 11:00 a.m.; childcare provided

Mom's Group is a study for mothers of young children. This is a welcoming group for mothers who are looking for connection, support and growing deeper in their faith.

Leaders: Cody Anderson; cody@parkerumc.org and Noelle Allison; noelle@parkerumc.org

United Women in Faith

Typically, the team meets the 2nd Tuesday of the month at 6:30 p.m. via Zoom

Our purpose is to know God, to experience freedom as whole persons through Jesus Christ, to develop a creative, supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church.

Parker UWF typically holds four quarterly special events on Saturdays or Sundays throughout the year. The UWF leadership team meetings are open to everyone and we're currently inviting women to join our Team! It is a great opportunity to share and grow your leadership skills while focusing on our vision of turning faith, hope and love into action on behalf of women, children, and youth around the world.

Contact: Marsha Weber (303) 658-0468 for more info.

Within UWF we have several circle groups which meet monthly or weekly. The focus of each circle is different, but each one seeks to be involved in a mission of their choosing. Every circle is open for new members.

Sarah's Circle

Sarah meets on the third Tuesday of every month at 10:00 a.m. in PUMC. Focus is reading the books from a published list by UWF. They support La Puente and supply items for school bags.

Contact: Dottie Rasmussen, 303-840-9430.

Neighbor to Neighbor

Neighbor to Neighbor meets the second Monday of every month, 9:30 – 11:30 a.m. at Lincoln Meadows. Focus is prayer and connection with one another. Mission is Youth into the World.

Contact: Ruth Wills, 303-693-7365

Clicking Needles

Wednesdays, 1-3:00 pm

Our focus is knitting, crocheting, sharing and learning. Every year we choose a ministry area for what we make. We have made quilt squares for Native Americans, hats for the homeless, and various individual items of our own needs. Would love to have you join us.

Contact: Ruth Wills, 303-693-7365

Knit One/Pray Two: Prayer Shawl Ministry

Tuesdays, 1-2:30 pm

Calling all knitters and crocheters! Please join us for fellowship, handiwork and praying blessing on those who will receive the shawls. Want to learn how to knit or crochet? We will help you learn. If you would like to contribute but can't attend meetings, we would joyfully add your shawls (and hats, gloves and scarves) to our table, so they are able to bless the recipient.

Contact Julie Kronbach, jkronbach@comcast.net

FOR MEN

United Methodist Men (UMM)

The men's group here at Parker UMC meets at 8 a.m. at the church on the second Saturday of each month. A small team prepares breakfast and we gather for food, fellowship, a devotion, and a little bit of business with a program of interest. This Saturday morning group is open to men of all ages.

Leader: Jack Kear (jacjacash@msn.com)

Wednesday Men's Study Group

Wednesdays at 8:30 – 9:45 am in Room 138

Meet with other men for breakfast, Bible study and discussion on a range of topics. This group has rotating leadership. New members are welcome.

Leader: Ben Dieken (952) 221-8568 or email My1965dodge@gmail.com

Faith Walkers

A Group for Men Building Authentic Relationships For Real Life

Thursdays, 6-7 am at Fika Coffee on Main Street

Faith Walkers is an opportunity for men to gather and grow their faith and love for God through weekly spiritual studies, fellowship activities, and service back to the church. The primary activity for the group happens each Thursday morning where we journey together through specific topics in the Bible (supported by a Bible App Plan) while enjoying each other's company and coffee. Periodically the group will also help give back by doing acts of service for the Church.

Leaders: Kurt Pritts; kurt.pritts@gmail.com, 720-544-3335

Rich Blankman, rblankman@yahoo.com, 720-384-5495

OPPORTUNITIES TO SERVE

Caring Ministry

The members of our congregation have wide-ranging needs that can be met by the members of our congregation. This Ministry is being launched to address a number of needs. There are so many opportunities. Examples include: prayer, visitation, providing meals, sending cards, making phone calls, connecting people with support groups, and sharing resources for employment, child care, and counseling. Would you like to join this Caring Ministry and contribute your time and talents to meeting the needs of our congregation?

Contact Associate Pastor, Cody Anderson cody@parkerumc.org or call 303-841-3979.

Parker Task Force & Food Bank

The Parker Task Force is dedicated to providing individuals and families in our community with food, limited financial assistance and other support services to help them become self-sufficient. Donations of non-perishable food items to support the PTF food bank can be left in the collection boxes at the PTF table in the Narthex.

Contact: cody@parkerumc.org or 720-204-4426.19

SECOR Cares

SECOR Cares is also dedicated to providing individuals and families in our community with food, limited financial assistance and other support services to help them become self-sufficient. Donations of non-perishable food items to support the food bank may be donated directly to SECOR Cares, 17151 Pine Ln, Parker, CO 80134. Volunteer opportunities are also available.

Contact: SECOR Cares 720-842-621

Feed My Starving Children (FMSC)

Feed My Children MobilePack events allow people across the United States to pack life-giving meals. Our church has hosted an event for many years. These events brought together hundreds of volunteers across the community. Since 2014 we have packed over 1.2 million meals. Thanks to everyone who has participated to feed hungry children across the world. We hope to resume this ministry in the near future.

Contact Julie Kronbach: jkronbach@comcast.net

Missions Team

Our Mission Team will be reforming in Fall 2023 to identify opportunities and guide our members in supporting local, national and international neighbors in their needs. Past involvement has supported both local food banks, UMCOR, Easter and Mothers' Day baskets, Toys, Socks and Underwear for children, a community event packing food for Feed My Starving Children and other opportunities. Priorities are reviewed periodically to address critical needs. The team also seeks opportunities to offer "hands on" events for congregational participation.

Memorial Service Set Up and Clean Up

When things happen in life, we need help. It takes a village. Would you be able to help a few times a year setting up tables or putting out food for our memorial services? Our team needs more names on our volunteer list (men and women). Contact Judy Stephens at stphju3@gmail.com or (303) 478-3558

Audio and Video Technicians Volunteers Needed

We are always looking for volunteers on our amazing tech team. Audio systems, camera operation, media, video and slides on Sunday mornings are an essential part of our services. We provide all of the training you need and you can sign up for once a month or more, depending on your availability. Please email Jason@ParkerUMC.org or talk with Kurt Bokenkamp before or after services on Sunday.

COMMUNITY SUPPORT GROUPS

Alcoholics Anonymous (AA)

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

- Womens Group Tuesdays 6:30 p.m. in room 144
- Tuesdays 8:00 p.m. in room 144
- Thursdays 6:30 pm in room 137



**RAISE YOUR HAND
IF YOU CAN**

VOLUNTEER

We are in need of volunteers in every ministry area here at Parker UMC. If you can teach kids, greet people, build things, create art, talk to people, organize files, enter data, ring bells, use technology, pull weeds, serve communion, make meals, share a smile, read a book, and many, many other tasks, then you can volunteer!

**VISIT WWW.PARKERUMC.ORG/VOLUNTEER
TO FIND OUT HOW YOU CAN SERVE**

Al-Anon

Tuesdays at 8:00 p.m. in room 124 | Dates: Ongoing | Frequency: Weekly

- Al-Anon's Purpose is to help friends and families of alcoholics recover from the effects of living with the problem drinking of a relative or friend. Our focus is on ourselves, not the alcoholic. The only requirement for membership is that there be a problem of alcoholism with a friend or relative.

Narcotics Anonymous (NA)

Mondays at 7:30 p.m.; Thursdays at 7:30 p.m.; Fridays at 7:30 p.m. in room 144

Dates: Ongoing | Frequency: Weekly

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

TOPS (Take Off Pounds Sensibly)

Thursdays 10:30 a.m.– Noon in room 144 | Dates: Ongoing | Frequency: Weekly

TOPS is an international organization dedicated to sensible weight loss. Men, women and teens from our church and community are invited to join us and learn to make healthier food choices. We give and receive lots of support as we progress toward our goals. Visit a “free” meeting and find our costs are reasonable — national dues \$49 annually. Come at 10:30 a.m. for weigh-in followed by a meeting from 11 a.m. – Noon.



Little Blessings
Preschool & Kindergarten



Years of Educating, Inspiring &
Caring for God's Children

SAVE THE DATE

Join us Sept. 8
from 4 – 7 pm for our
Open House!

Come enjoy food trucks,
games and
entertainment.



**NEW
NEW
NEW**

MEMBER CLASS

JOIN NOW

**NEXT CLASS
COMING SOON!**

- New member class for those exploring membership at Parker UMC
- Introduction for those exploring the Christian faith for the first time
- Refresher for UMC members who want to better understand the foundations of faith and origins of the UMC

**THIS CLASS IS
FOR YOU!**

Lunch is provided and childcare is provided upon request

Email Cody@parkerumc.org or call the church office to sign up

LEARN MORE ABOUT US

WWW.PARKERUMC.ORG OR SEARCH PARKER UMC ON SOCIAL MEDIA



Scan to check out our online catalog, updated as new classes are added.